

Congratulations!

You have taken an interest in a topic that is super important, especially if you want to keep your mind and body healthy. So, if you are a teen interested in sex, this guide is for you! It will help you find resources on relationships, sexual behavior, pregnancy, infections, and more!

To help you in your search for information, try some of these search terms:

Sex Instruction

Homosexuality Juvenile literature

Hygiene, Sexual

Teen Sexual Health

Teenagers —Sexual Behavior

Sexual Transmitted Diseases

Sexually Transmitted Infections

Reproductive Health

As always, we're here to help you find any information you're looking for. Speak with a Librarian or text a question to 732-474-8864.

Online Resources

(Contains hyperlinks—just click on the title!)

[American Sexual Health Organization](#)

Information on sexual health and STDs/STIs.

[Go Ask Alice!](#)

Health question and answer resource produced by "Alice! Health Promotion at Columbia University." Contains information on Sexual and Reproductive Health, Emotional Health, and Relationships.

[Medline Plus](#)

Information on Teen Sexual Health, including puberty, sex education, healthy relationships, and birth control.

[Planned Parenthood](#)

Information for teens including sex, relationships, pregnancy, and LGBTQ. Find a center near you!

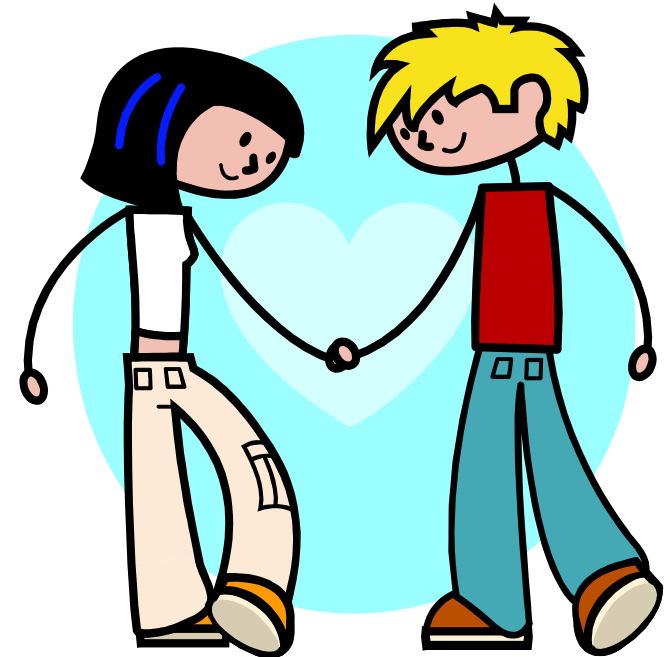
[Scarleteen](#)

Sex and relationship information, advice, and support.

[Teens Health](#)

Learn the facts about sexual health with articles about puberty, menstruation, infections, and just about everything else you wanted to know!

SEX?



Piscataway Public Library

Kennedy Library (K): 500 Hoes Lane, 732-463-1633
Westergard Library (W): 20 Murray Ave, 732-752-1166

<http://www.piscatawaylibrary.org/teenscene>

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Piscataway Public Library

Teen Services Department

(Many annotations are from the library's catalog)

Nonfiction

In order by call number in the Teen Spaces at Kennedy (K) and/or Westergard (W).

S.E.X.: The all-you-need-to-know sexuality guide to get you through your teens and twenties YA 613.9071 CORINNA (K)

Whatever your gender or sexual identity, whether you've already been actively exploring your sexuality or are only just getting curious, S.E.X. clearly spells out what you need and want to know --no shame, no judgement, just comprehensive and accurate info in a clear, straightforward language.

Sex: A book for teens YA 613.9071 HASLER (K)

Discusses all aspects of sexuality and sexual behavior, including sexual orientation, masturbation, birth control, and sexually transmitted diseases, and answers teenagers' questions on sex in a straightforward and in-depth manner.

Sex: An uncensored introduction

YA 613.9071 HASLER (K/W)

Discusses all aspects of sexuality and sexual behavior, including sexual orientation, masturbation, birth control, and sexually transmitted diseases, and answers teenagers' questions on sex in a straightforward and in-depth manner.

Does This Happen to Everyone?

YA 612.661 HELMS (K/W)

Provides answers to seventy of the most frequently asked questions about puberty.

The Sexual Trauma Workbook for Teen Girls: A guide to recovery from sexual assault & abuse YA 362.883 LOHMANN (K/W)

The Sexual Trauma Workbook for Teen Girls offers healing, real-life stories from survivors and powerful, evidence-based tools to help you reclaim your life after sexual abuse or trauma.

What If?: Answers to questions about what it means to be gay and lesbian

YA 306.766 MARCUS (K)

Offers answers to questions young readers might ask about gay people, whether those questions concern a friend, a family member, or themselves

Doing It Right: Making smart, safe, and satisfying choices about sex

YA 306.7083 PARDES (W)

Provides information and advice for young adults on sex-related issues, including sexual anatomy, sexual readiness, STDs, birth control, sexual and gender identity, masturbation, and rape.

Girl: Love, sex, romance and being you YA 155.533 RAYNE (K/W)

155.533 RAYNE (K/W)

Offers an inclusive guide for self-identified girls intended to provide practical and candid guidance on such topics as sexuality, relationships, gender, sexual health, consent, and sexual assault.

The V-Word: True stories about first-time sex

YA 306.7 V (K/W)

A collection of essays by women about losing their virginity in their teens captures the complexity of this important life-decision, reflects diverse real-world experiences, and includes helpful resources for parents and teens.

Fiction

In order by author's last name in the Teen Spaces at Kennedy (K) and/or Westergard (W).

Speak YA FIC ANDERSON (K/W)

A traumatic event near the end of the summer has a devastating effect on Melinda's freshman year in high school.

All the Way YA FIC BEHRENS (K)

Hoping to have sex for the first time with a girl he has met on the Internet, Ian drives with his two friends from Illinois to South Carolina.

The Perks of Being a Wallflower

YA FIC CHOBOSKY (K/W)

A series of letters to an unknown correspondent reveals the coming-of-age trials of a high-schooler named Charlie.

Bad Romance YA FIC DEMETRIOS (W)

When Grace and Gavin fall in love, Grace is sure it's too good to be true. She has no idea their relationship will become a prison she's unable to escape.

Someone Like You YA FIC DESSEN (K)

Halley's junior year of high school includes the death of her best friend Scarlett's boyfriend, the discovery that Scarlett is pregnant, and Halley's own first serious relationship.

Wild Cards YA FIC ELKELES (K)

Told from two viewpoints, Derek, kicked out of boarding school, must move with his stepmother, where he meets Ashtyn, who may be able to achieve her dream of a football scholarship with bad boy Derek's help.

The Pain Eater YA FIC GOOBIE (K)

Maddy wants to keep the fact that she was attacked a secret, but finds this intention difficult when one of her perpetrators is placed in her English class.

Anatomy of a Boyfriend

YA FIC SNADOWSKY (K)

Dom finds her life transformed by her first boyfriend, Wes.

Daughter of Smoke & Bone

YA FIC TAYLOR (W)

17-year-old Karou carries a sketchbook of hideous, frightening monsters--the chimaerae who form the only family she has ever known.

Story of a Girl YA FIC ZARR (K)

Have you ever made a big mistake that you wished you could take back? Ever since Deanna lost her virginity at thirteen, life hasn't been the same.